

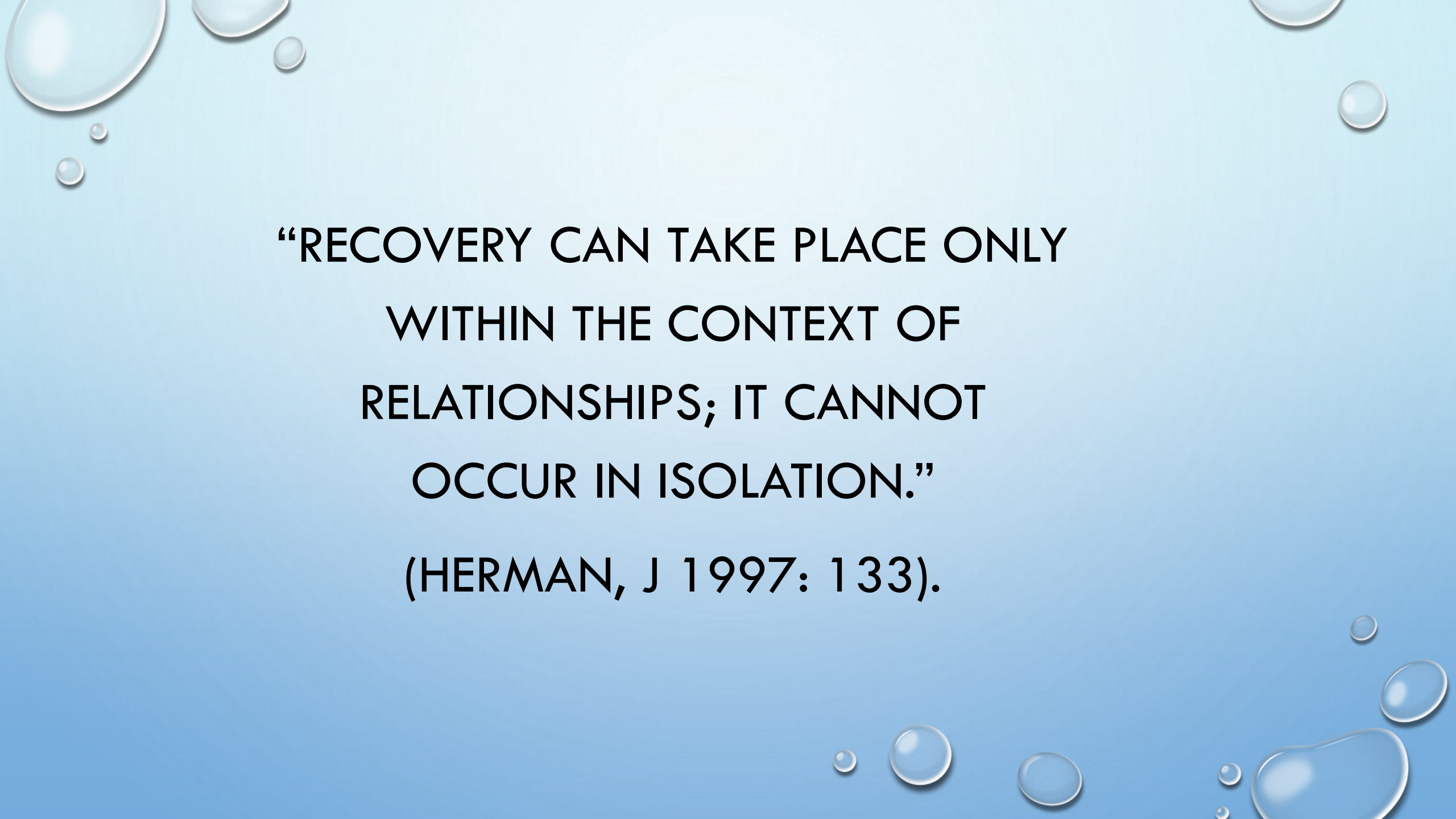


# THE NORTHERN IRELAND CONTEXT

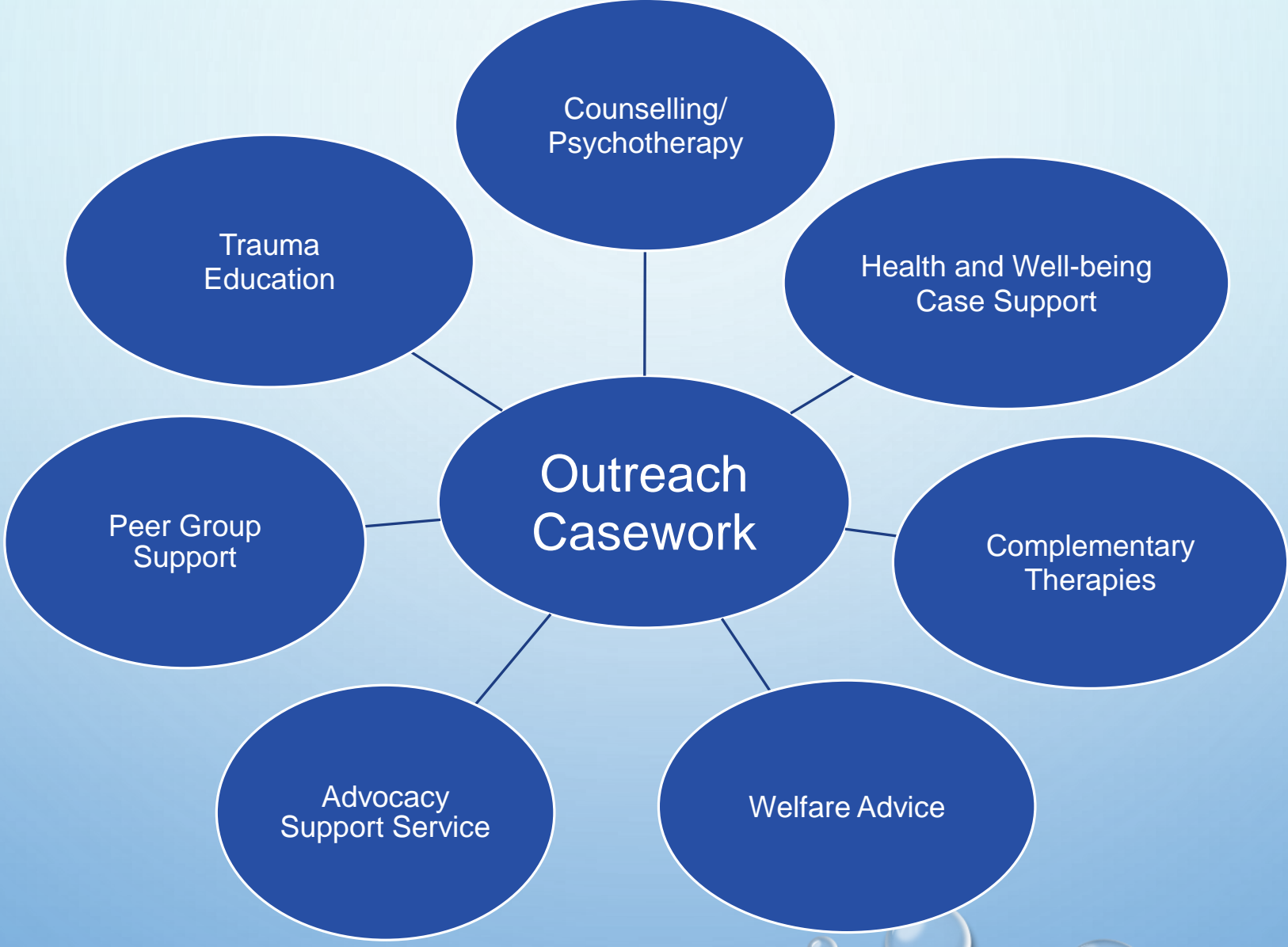
- 1.8 M PEOPLE
- 30+ YEARS OF POLITICAL CONFLICT
- OVER 3,800 PEOPLE HAVE DIED
- TENS OF THOUSANDS PHYSICALLY AND PSYCHOLOGICALLY TRAUMATISED.
- OFFICIAL FIGURES SAY 40,000 PHYSICALLY INJURED -MORE LIKELY TO BE 100,000 PHYSICALLY INJURED.
- EVEN MORE DIFFICULT WHEN LOOKING AT PSYCHOLOGICAL INJURY.

# WAVE TRAUMA CENTRE

- 5 PERMANENT OUTREACH CENTRES:  
Belfast, Armagh, Ballymoney, Omagh and Derry Londonderry
- 15 SATELLITE PROJECTS ACROSS NORTHERN IRELAND
- INCLUSIVE- CROSS COMMUNITY BASIS - AGAINST THE TREND OF SEGREGATION
- PSYCHOSOCIAL MODEL OF SERVICE DELIVERY - CLINICAL SERVICES SITS WITHIN A MULTIDISCIPLINARY TEAM



**“RECOVERY CAN TAKE PLACE ONLY  
WITHIN THE CONTEXT OF  
RELATIONSHIPS; IT CANNOT  
OCCUR IN ISOLATION.”  
(HERMAN, J 1997: 133).**



# DIVERSITY AND SPECIALISM WITHIN COUNSELLING / PSYCHOTHERAPY





870  
Welfare  
Advice

650 counselling  
psychotherapy

740  
Complementary  
Therapy

2017/2018  
Caseload

154  
Advocacy  
Support

4000  
Outreach  
visits

Over  
1000  
Trauma  
Education

# COMPLEXITY OF UNRESOLVED GRIEF AND TRAUMA

*PSYCHOLOGICAL* – PTSD, TRAUMATIC GRIEF,  
COMPLEX LOSS

Drug, alcohol misuse, suicide – response to suffering

*PHYSICAL* – CHRONIC PAIN, DISABILITY,

*SOCIAL* – ISOLATION, FEAR, FINANCIAL

*POLITICAL* – LEGACY, JUSTICE, ACKNOWLEDGEMENT

Trauma in the present not the past

# Trauma Education at WAVE



- SUITE OF ACCREDITED COURSES - short courses –BSc Hons Degree-  
Postgraduate Diploma-Bespoke trauma workshops
- ALL COURSES IDENTIFIED FROM SERVICE PROVISION AND
- COURSE CONTENT FROM INTERNATIONAL BEST PRACTICE
- SO MUCH TO LEARN ABOUT TRAUMA FROM THE LONG-TERM  
EFFECTS OF NORTHERN IRELAND'S TROUBLES
- CAUTIOUS OF THE MEDICALISATION OF TRAUMA
- TREATMENT FOCUS ALONE NOT SUFFICIENT

# TRAUMA EDUCATION

- TRANSMISSION OF TRAUMA TO NEXT GENERATIONS
- IMPACT ON ADVERSE CHILDHOOD EXPERIENCES
- WE NEED TO KNOW ABOUT TRAUMA BEFORE WE CAN EFFECTIVELY SUPPORT INDIVIDUALS, CHILDREN AND YOUNG PEOPLE AND FAMILIES.
- TRAUMA-AWARE, TRAUMA-INFORMED AND TRAUMA –FOCUSSED PRACTICE ESSENTIAL